**Key Dates:**

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| ASIST training: | Saturday 17 and Sunday 18 August 2019  9am to 5pm both days  Venue: TBD |
| Weekly training: | Thursday nights 22 August to 3 October 2019  5.30pm to 9.30pm  Venue: Wesley Church on the Mall Wollongong |
| Mental Health Frist Aid: | Saturday 12 and Sunday 13 October 2019  9am to 4pm both days  Venue: TBD |

**Phase I: Student Training**

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|  | Commencing | Topic/Contents |
| 1 | Saturday 17 August 2019  9am - 5pm | **Module 1: Applied Suicide Intervention Skills Training (ASIST 11)**   * Attitudes toward suicide * Contributing factors to suicide * Assessing suicide risk |
| 2 | Sunday 18 August 2019  9am - 5pm | **Module 1: Applied Suicide Intervention Skills Training (ASIST 11) continued**   * Attitudes toward suicide * Contributing factors to suicide * Assessing suicide risk |
| 3 | Thursday 22 August 2019  5.30pm - 9.30pm | **Module 2: Introduction to Lifeline and self-awareness**   * Roles and responsibilities of a Telephone Crisis Supporter * Adult learning * Units of competency * Lifeline’s expectations * Self-care * Privacy Policy * Telephone Crisis Supporter characteristics * Helping styles |
| 4 | Thursday 29 August 2019  5.30pm - 9.30pm | **Module 3: Practice model and micro skills**   * Lifeline Practice Model * Telephone Crisis Supporter Skills * Introduction to role plays |
| 5 | Thursday 5 September 2019  5.30pm - 9.30pm | **Module 4: Help seeker profiles 1**  Practice Clinic |
| 6 | Thursday 12 September 2019  5.30pm - 9.30pm | **Module 5: Help seeker profiles 2**  Practice Clinic |
| 7 | Thursday 19 September 2019  5.30pm - 9.30pm | **Module 6: DFV** |
| 8 | Thursday 26 September 2019  5.30pm - 9.30pm | **Module 7: Diversity of help-seekers** |
| 9 | Thursday 3 October 2019  5.30pm - 9.30pm | **Module 8: Managing contacts** |
| 10 | Wednesday 9 October 2019  5.30pm - 9.30pm | **Practice Clinic & Assessments**  (participants to attend only one practice clinic and assessment session) |
| 10 | Thursday 10 October 2019  5.30pm -9.30pm | **Practice Clinic & Assessments**  (participants to attend only one practice clinic and assessment session) |
| 11 | Saturday 12 October 2019  9.30am - 4.30pm | **Mental Health First Aid 1st Session** |
| 12 | Sunday 13 October 2019  9.30am - 4.30pm | **Mental Health First Aid 2nd Session** |
| **FINAL ASSESSMENT three role plays:** | | |
| **INVITATION: Successful students will be invited to commence Phase II** | | |

**Phase II: Student Placement:**

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| Weekly  To be completed by  16 Dec 2019 | **Student Placement**   * Phone room orientation * 16 hours of assessed shifts * Student workbook * Supervisor report |
| **INVITATION: Successful students will be invited to commence Phase III** | |

**Phase III: Probationary Period:**

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| Weekly  Nov/Dec 2019 –  Nov/Dec 2020 | **Ongoing Telephone Crisis Support Shifts**  **Accreditation activities**   * Minimum 160 logged in hours * individual supervision sessions * group supervision sessions * Professional development training * NSSI e-learning * Self-Care/awareness * CONNECT PD * Micro skills/CRED/3 tiered approach refresher |
| **INVITATION: Successful Probationary Telephone Crisis Supporters will be invited to become accredited Telephone Crisis Supporters** | |