

Crisis Support Workplace Training: May 2025 Course

Key Dates:

CSWT phase 1 training:	Tuesday 14th May-12th June 2025
	Location: Nowra

Phase I: Student Training

	Commencing	Module/Contents
1	Wednesday 14 th May 2025 1800-2100 Zoom	Topic 1: Foundational knowledgeThe "you" in what we doWhat "we" do
2	Thursday 15 th May 2025 1800-2100 Zoom	Topic 2: Micro-skills and self-awareness • Micro-skills • Self- awareness Self-care and other practices
3	Thursday 22nd May 2025 1800-2100 Zoom	Topic 3: Micro-skills and supervision • Micro-skills • Reflective practices
4	Saturday 24th May 2025 0900-1600 F2F	Topic 4: Lifeline Practice Framework Part 1 Lifeline Practice Framework skills Lifeline Practice Framework Part 2 Lifeline Practice Framework skills
5	Saturday 31 st May 2025 0900-1600 F2F	Topic 5: Introduction to Suicide • Workshop
6	Wednesday 4 th June 2025 1800-2100 Zoom	Topic 6: Suicide Crisis Support • Suicide • Safety • Self-care
7	Thursday 5 th June 2025 1800-2100 Zoom	Topic 7: Safety Issues Managing interactions of other safety
8	Wednesday 11 th June 2025 1800-2100 Zoom	Topic 8: Understanding differences. • Diversity of Help Seekers • Other
9	Thursday 12 th June 2025 1800-2100 Zoom	Topic 9: Putting it all together. • Managing interactions
10	26 th May- 15 th June 2025	Observation shifts
11	Wednesday 18th June- Thursday 19th June 2025	Topic 10: Practice Clinic Assessments



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FINAL ASSESSMENT three role plays:				
	INVITATION: Successful students will be invited to commence Phase II			

Phase II: Student Placement:

Weekly	Student Placement	
To be completed by	 Phone room orientation 20 hours of assessed shifts Supervisor report It is expected these supervised shifts are to occur in Wollongong 	
INVITATION: Successful students will be invited to commence Phase III		

Phase III: Probationary Period- internship:

Weekly	Ongoing Telephone Crisis Support Shifts Accreditation activities Minimum 148 logged in hours. individual supervision sessions group supervision sessions Professional development training
INVITATION: Su	ccessful Probationary Telephone Crisis Supporters will be invited to become accredited Telephone Crisis Supporters

Contact cswt@llsc.org.au for further information about training or call 0475984374

Please also discuss your interest in the 13YARN service upon completion of training

For more information: Lifeline South Coast NSW - 24hr Telephone Crisis Support 13 11

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